

## Start

16. Organize a shuttle (if needed on the outing).
17. Collect \$10 from each non-member.
18. Sign up anybody who wants to become a member.
19. Organize the cleanup.
  - a. Best cleanup times are during shuttle and while paddling.
  - b. Get a picture with collected trash.
  - c. Organize taking trash bags away. Some counties (Lowndes) will come get them if called to do so, but mostly we need to have somebody carry the trash away and put it in a dumpster or other trash collection.
  - d. If it's a Rivers Alive cleanup, make sure people tally and give them t-shirts.
20. **Make sure nobody starts paddling before everyone hears the safety lecture**, which should include:
  - a. Wear your PFD (each person in a boat, no matter how young),
    - i. Any pets must be on leash on land, and on water wear a PFD or be able to swim. Owner must sign the pet waiver and is responsible for the pet.
  - b. Required to have a whistle
  - c. Other items to carry (see above under Bring),
  - d. **It's a group paddle**, so we can be sure everyone is safe. Anyone who does not agree can get a refund.
  - e. **Paddle leader:** Outings leader must appoint a paddle leader ahead who will be responsible for saying when we stop for lunch or at other points. The paddle leader must appoint somebody else before not being the paddle leader.
  - f. **Sweep:** Outings leader must appoint a sweep behind, who is responsible for making sure nobody is left behind, and who can, if necessary, say people need to paddle faster. The sweep must appoint somebody else before not being the sweep.
  - g. **Water:** dehydration is a serious risk, especially in the summer for people who are not used to hot sun for hours.
    - i. Sweep and several other paddlers must carry extra gallons of water and offer water to anybody who seems to need it.
    - ii. Extra gallons of water need to be ready at the take out.
  - h. Keep others in sight.
  - i. Advise to not be afraid to ask for assistance
  - j. Watch for hazards: shoals, snags, meanders, snakes, alligators, dehydration, etc.
  - k. Features we will see: how far, and how to recognize them.
  - l. Lunch stop: about where and when and ask everybody to try to be there.
  - m. People or groups we will meet along the way: who, why, where, when.
  - n. Ask if there are any medical issues we need to be aware of.
  - o. Establish who has a first aid kit or medical training.
  - p. Don't pet the alligators.